Dartmouth-Hitchcock: ElevateHealth Plan with HSA

Coverage for: Employee & Dependents | Plan Type: QHDHP-EPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-866-471-5550. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u> or other <u>underlined</u> terms see the Glossary. You may view the Glossary at healthcare.gov/sbc-glossary or call 1-866-471-5550 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	Single Plan: \$1,500 employee Family Plan: \$3,000 employee & family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the policy, the overall family <u>deductible</u> must be met before the <u>plan</u> begins to pay.
Are there services covered before you meet your deductible?	Yes. In-network <u>preventive</u> <u>services</u> and routine vision exams are some of the services covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. This <u>plan</u> covers certain <u>preventive services</u> . See a list of covered <u>preventive services</u> at healthcare.gov /coverage/preventive-care-benefits.
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	Single Plan: \$2,400 employee Family Plan: \$4,800 employee & family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , the overall family <u>out-of-pocket limit</u> must be met.
What is not included in the <u>out-of-pocket limit?</u>	Premiums, balance-billing charges and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See healthplansinc.com/D-H or call 1-866-471-5550 for a list of <u>network providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You pay less if you use a <u>provider</u> in the <u>plan's network</u> . You pay the most if you use an <u>out-of-network provider</u> and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance-billing</u>). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You may see a specialist you choose without a referral.



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

	What You Will Pay			а чечиные аррине.
Common Medical Event	Services You May Need	D-H & Affiliate Providers Clinic Based Services (You pay the least)	D-H Preferred & Other ElevateHealth Providers (You pay the most)	Limitations, Exceptions & Other Important Information
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness Specialist visit Preventive care/screening/Immunization	10% <u>coinsurance</u> No charge; <u>de</u>	30% <u>coinsurance</u> ductible waived	You may have to pay for services that aren't <u>preventive</u> . Ask your <u>provider</u> if services are <u>preventive</u> . Then check
If you have a test	Diagnostic test (x-ray, blood work) Imaging (CT/PET scans, MRIs)	Not available	30% coinsurance	what your <u>plan</u> will pay None
If you need drugs to treat your illness or condition. More information about prescription drug coverage is available at healthplansinc.com/D-H	Generic drugs— 30-day¹ 30-day² 90-day³ 90-day⁴ Brand drugs— 30-day¹ 30-day¹ 30-day¹ 30-day² 90-day³ 90-day³ 90-day³ 90-day⁴ Specialty drugs— 30 days only May require preauthorization. Available only at D-H Specialty Pharmacy. If not available, may be filled at BriovaRx at 30% coinsurance ¹Up to a 30-day supply from Cheshire Medical	30% coii 10% coii 30% coii 10% coii 30% coii 10% coii 10% coii	nsurance	Deductible applies. If brand-name is prescribed & generic substitute is available, the less expensive generic will automatically be dispensed. If you request brand name drug when generic is available, you will pay the plan coinsurance for the brand drug plus the difference between the cost of brand and generic medication. 90-day fills for maintenance drugs are mandatory after two fills at retail. 90-day fills can be obtained through D-H Pharmacy Home Delivery or OptumRx
	Pharmacy–Bennington & Manchester, VT/ D-H Pharmacy at Centerra ² Up to 30-day supply from Other Retail Pharmacies. ³ Up to a 90-day supply from D-H Pharmacy Home Delivery or in person at Cheshire Medical Center Pharmacy. ⁴ Up to a 90-day supply from OptumRx Mail Service Pharmacy. *Select CVS Pharmacies at: 4 Hall Street, Concord, NH; 633 Amherst Street, Nashua, NH; 271 Mammoth Road, Manchester, NH		Mail Service Pharmacies or in person at Cheshire Medical Center Pharmacy <u>Deductible</u> waived for drugs on Preventive Drug List. <u>Coinsurance</u> applies	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center) Physician/surgeon fees	Not available 10% coinsurance	30% coinsurance 30% coinsurance	Preauthorization required for total joint replacement & non-emergent spine surgeries

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All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

		What You	u Will Pay	
Common Medical Event	Services You May Need	D-H & Affiliate Providers Clinic Based Services (You pay the least)	D-H Preferred & Other ElevateHealth Providers (You pay the most)	Limitations, Exceptions & Other Important Information
If you need immediate medical attention	Emergency room care— Physician charges Emergency medical transportation	Not available 10% coinsurance Not available	30% coinsurance 10% coinsurance	None Preauthorization required for non-emergent care & air transport
If you have a hospital stay	Urgent care Facility fee (e.g., hospital room) Physician/surgeon fees	Not available Not available 10% coinsurance	30% coinsurance 30% coinsurance 30% coinsurance	None <u>Preauthorization</u> required
If you need mental health, behavioral health or substance abuse services	Outpatient services— Office Visit Intensive outpatient treatment Inpatient services	10% <u>coinsurance</u> Not available Not available	30% coinsurance 30% coinsurance 30% coinsurance	Health Plans, Inc. does not administer Plan's mental health, behavioral health or substance abuse services. Contact Optum Health at 855-409-7026 for questions regarding these benefits
If you are pregnant	Office visits Childbirth/delivery professional services Childbirth/delivery facility services	No charge; de	ductible waived 30% coinsurance	Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound). Requires preauthorization for stays over 48 hrs (normal delivery)/96 hrs (caesarean)
	Home health care Rehabilitation services— Inpatient Outpatient	10% <u>coinsurance</u> Not available Not available	30% coinsurance 30% coinsurance 30% coinsurance	120 days/yr. <u>Preauthorization</u> required 100 days/yr. <u>Preauthorization</u> required 60 visits/yr combined for Physical & Occupational therapies.
If you need help recovering or have other special health needs	Habilitation services— Early Intervention Developmental Delay	10% <u>coinsurance</u> 10% <u>coinsurance</u>	30% coinsurance 30% coinsurance	None Covered under Early Intervention Services up to age 18
	Skilled nursing care Durable medical equipment Diabetic supplies including blood glucose monitors & insulin pumps	Not available 10% coinsurance No charge; deductible waived	30% coinsurance 30% coinsurance No charge; deductible waived	100 days/yr. <u>Preauthorization</u> required <u>Preauthorization</u> required for rental over 3 months, equipment over \$1,000, neuromuscular stimulator equipment and implantable loop reorders & defibrillators
	Hospice services— Inpatient Outpatient	Not available 10% coinsurance	30% <u>coinsurance</u> 30% <u>coinsurance</u>	None

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All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

		What You Will Pay		
Common Medical Event	Services You May Need	D-H & Affiliate Providers	D-H Preferred & Other	Limitations, Exceptions & Other
		Clinic Based Services	ElevateHealth Providers	Important Information
		(You pay the least)	(You pay the most)	
If your shild poods	Children's eye exam	No charge; de	<u>ductible</u> waived	1 exam/yr
If your child needs dental or eye care	Children's glasses	Not covered	Not covered	n/a
	Children's dental check-up	Not covered	Not covered	n/a

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

Cosmetic surgery

• Dental care (routine child & adult)

Long term care

- Non-emergency care when traveling outside U.S.
- Private Duty Nursing

Routine foot care

Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Acupuncture

Bariatric Surgery

• Chiropractic care (12 visits/yr)

Hearing aids

Infertility treatment

Routine eye care (adult-1 exam/yr)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is the U.S. Department of Labor, Employee Benefits Security Administration, at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, you can contact the plan at 1-866-471-5550. You may also contact the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform.

Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet Minimum Value Standards? Yes.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-866-471-5550; Portuguese (Portuguès): De assistència em Portuguès, ligue 1-866-471-5550 Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-866-471-5550



This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall <u>deductible</u>	\$1,500
Specialist <u>coinsurance</u>	10%
■ Hospital (facility) coinsurance	30%
Other coinsurance	30%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood work) Specialist visit (anesthesia)

Total Example Cost

In this example, Peg would pay:	
Cost Sharing	
Deductibles	\$1,500
Copayments	\$0
Coinsurance	\$900
What isn't covered	
Limits or exclusions \$60	
The total Peg would nay is	\$2.460

Managing Joe's type 2 Diabetes

(a year of routine in-network care of a wellcontrolled condition)

■ The plan's overall <u>deductible</u>	\$1,500
Specialist <u>coinsurance</u>	10%
■ Hospital (facility) coinsurance	30%
Other no charge	

This EXAMPLE event includes services like:

Primary care physician office visits (including disease education) Diagnostic tests (blood work)

Total Example Cost

Prescription drugs

\$12,700

Durable medical equipment (glucose meter)

Total Example Goot	Ψ0,000	
In this example, Joe would pay:		
Cost Sharing		
Deductibles	\$1,500	
Copayments	\$0	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$20	
The total Joe would pay is	\$1,520	

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The plan's overall <u>deductible</u>	\$1,500
■ Specialist <u>coinsurance</u>	10%
■ Hospital (facility) <u>coinsurance</u>	30%
Other <u>coinsurance</u>	30%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Total Example Cost

\$5,600

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

In this example, Mia would pay:		
Cost Sharing		
Deductibles	\$1,500	
Copayments	\$0	
Coinsurance	\$200	
What isn't covered		
Limits or exclusions \$0		
The total Mia would pay is \$1,700		

\$2.800